# **Every Doctor, Every Setting**

A national commitment to coordinated action on the mental health of doctors and medical students



### The Vision:

A medical profession that works and studies in environments that support wellbeing and enable quality patient care.

#### The Goal

Coordinated action to prevent mental ill-health and suicidal behaviour and support good mental health for all doctors and medical students.

The time is right to set a reform agenda in Australia that positions the mental health and wellbeing of the medical profession as a national priority.

To support co-ordinated action, a National Framework has been developed with the support of medical leaders in Australia.

## What can you do?

- **✓** SIGN UP & SUPPORT
- IDENTIFY THREE IMMEDIATE ACTIONS YOU WILL TAKE
- SHARE YOUR SUPPORT AND IDENTIFIED ACTIONS
- **✓** IMPLEMENT YOUR ACTIONS

#### Pillars for coordinated action

/01	Training and work environments
/02	Respond to those needing support
/03	Improve response to doctors and medical students impacted
/04	Improve the culture of the profession to enable wellbeing
/05	Improve coordinated action and accountability

## The guiding principles:

- The wellbeing of the medical profession is a national priority, requiring a coordinated and resourced approach.
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- Environments that value, develop and support the medical profession are conducive to good patient care.
- Targeting the structural and environmental risk factors impacting on the medical profession is an immediate priority.
- Medical professionals who experience mental ill-health and suicidal behaviour can and do provide quality patient care.
- Support from all key stakeholders is required to ensure implementation and evaluation of evidence-based interventions across settings.



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